

Day/Date	Breakfast	Break	Lunch	Tea	Supper
Monday 6th Feb	Fruit Cereal Porridge Drop Scones Avocados Toast Grilled tomatoes	Bread Sticks Avocado Dip Carrot Stick Brovril Sandwich	Lasagne Salad/Veggie Garlic Bread Pavlova with Mango	Pinwheels	Sausage Rolls Mash Potato Gravy Baked Beans Chocolate Bananas
Tuesday 7th Feb	Fruit Cereal Porridge Cheese/Herb Omelettes Toast Grilled Tomatoes	Mandazi Bananas Cheese Sandwich	Turkey Pie With Parsley Potatoes Broccoli Pineapple Upside Down Cake with Custard	Scones Jam & Cream	Roast Pork Roast Potatoes Yorkshire Puddings Peas & Gravy Cauliflower Cheese Cored Apples
Wednesday 8th Feb	Fruit Museli Porridge Bacon & Eggs Breakfast Muffins Toast Grilled Tomatoes Avocados	Rocky Buns Pineapples Tuna Sandwich	Chicken Cream with Chives Pasta, Mixed Veggies Chocolate Eclairs	Lemon Drizzle Cake	Swahili Beans Chapaties/Rice Strawberries & Yogourt
Thursday	Fruit	Peanut Butter	Sweet & Sour Pork	chocolate	Pizza

9th Feb	Cereal Porridge Boiled Eggs Toast Grilled Tomatoes	Sandwich Passion Fruit	With Egg Fried Rice and Stir Vegetables	chip cookies	with Sweet Corn
			Swiss Rolls		Fruit Skewers
Friday 10th Feb	Fruit Cereal Porridge Chipolattas Toast Grilled Tomatoes Avocados	Drop Scones with Honey Carrots Apples	Beef Stew, Ugali/Rice Chapaties, Sakuma	Butterfly Cakes	Chicken & Chips Baked Beans
			Ice Cream and Sprinkles		Brownies
Saturday 11th Feb	Fruit Cereal Porridge Polony Egg Bread Avocado				