

Lent Term 2020 Week 5

Date	Breakfast	Veg Option	Break	Lunch		Pre Prep	Tea	Supper	Vegetarian	Staff
				Vegetarian	Lunch					
Monday 15 th	Fruits, Cereals, Tea, Toast Pancakes, Honey Lemon Wedges	Same	Bread Sticks Beetroot Humuus	Nutty Loaf	Bolognaise Mince and Mash Carrott and Sweetcorn Trecele Tarts Custard	Mince n Mash C and c Sticks	Carrot Cake Tuna Staff	Tomato Soup with Croutons Rolls and Grated Cheese Jammy Cupcakes	Same	Mince n Mash
Tuesday 16 th	Uji Porridge Herb Omelette GR Tom	Same	Potato Bhajia	Veg Rissole	Chicken and Ham Pie. Fried Parsley Potatoes String Beans Banana Smoothie	Shepherd's Pie Carrott and cucumber Sticks	Anzac Ham Staff	Sausage Rolls, Mash Baked Beans Apples	Curried Veg Pastie	Same
Wednesday 17 th	Hot Cross Buns	Same	Avo Smash Manda Crunchies		Spare Ribs Broc/Cauli Putine Potatoes Choc Ice Cream	Pasta and Tomato Sauce C and B Sticks	Scones Chicken Staff	Sausage, Mash, Greens and GRavy Banana Choc Smoothie	Veg Cutlass	Same

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Date	Breakfast	Veg Option	Break	Lunch Vegetarian	Lunch	Pre Prep	Tea	Supper	Vegetarian	Staff
Thursday 18 th	Muesli Honey Yoghurt Boiled Egg Tomato Salsa	Same	Italian Toast	Mushroom and Spinach Creamy Pasta	Spaghetti Bolognese C and C Sticks Banana Smoothie	Same				
Friday 20 th										
Saturday 21 st										
Sunday 22 nd							Parents Tea Chapel Drinks	Fusili Carbonara Carr/Cuc Brownies	Tomato Pasta	Same